

## Nepal trip itinerary

- Day 1            16<sup>th</sup> Oct'05    - Arrival in Kathmandu.
- Day 2            17<sup>th</sup> Oct'05    - Kathmandu – Monkey temple/Patan
- Day 3            18<sup>th</sup> Oct'05    - Kathmandu – Lukla – Phakding
- Day 4            19<sup>th</sup> Oct'05    - Phakding to Namche Bazar
- Day 5            20<sup>th</sup> Oct'05    - Namche Bazar Rest day for acclimatizing. Dad not feeling well,  
Molly and I hiked to Sangboche, Everest view hotel, Khumjung back to Namche Bazar.
- Day 6            21<sup>st</sup> Oct'05    - Namche Bazar – Tengboche
- Day 7            22<sup>nd</sup> Oct'05    - Tengboche – Dingboche
- Day 8            23<sup>rd</sup> Oct'05    - Rest day at Dingboche. Molly not feeling well, dad and I hiked to  
Dingboche lakes.
- Day 9            24<sup>th</sup> Oct'05    - Dingboche – Loboche. Molly not feeling well. Stays behind for  
R&R.
- Day 10           25<sup>th</sup> Oct'05    - Loboche – Kala Pattar, back to Loboche. Meet up with Molly.  
She continues on to Gorka Sheep the next day for two nights.
- Day 11           26<sup>th</sup> Oct'05    - Loboche – Dingboche
- Day 12           27<sup>th</sup> Oct'05    - Rest day at Dingboche. Dad not feeling well. I hiked above town  
for nice views
- Day 13           28<sup>th</sup> Oct'05    - Rest day at Dingboche. Meet up with Molly again.
- Day 14           29<sup>th</sup> Oct'05    - Dingboche – Chhukung
- Day 15           30<sup>th</sup> Oct'05    - Rest at Chhukung. Excursion to Chukung Ri 5546m.
- Day 16           31<sup>st</sup> Oct'05    - Chhukung – Island Peak BC.
- Day 17           1<sup>st</sup> Nov'05     - Rest day at Island Peak BC.
- Day 18           2<sup>nd</sup> Nov'05    - Summit attempt. Turned around because of altitude sickness at +/-  
19,000 feet. Island peak B.C. – Dingboche.
- Day 19           3<sup>rd</sup> Nov'05    - Dingboche - Loboche
- Day 20           4<sup>th</sup> Nov'05    - Loboche – Namche Bazar
- Day 21           5<sup>th</sup> Nov'05    - Rest day at Namche Bazar. Went to the “Saturday market”, dad  
and I to Sangboche, Everest view hotel, Khumjung, Khunde, back to Namche Bazar.
- Day 22           6<sup>th</sup> Nov'05    - Rest day at Namche Bazar. Hiked to Thamo, back to Namche  
Bazar.
- Day 22           7<sup>th</sup> Nov'05    - Namche Bazar – Lukla
- Day 23           8<sup>th</sup> Nov'05    - Rest day in Lukla. Visited Dawa’s home, monastery, friends.
- Day 24           9<sup>th</sup> Nov'05    - Fly Lukla- Kathmandu. Visited deaf school, Bhaktapur, temple  
(Hindu cremation ceremonies).
- Day 25           10<sup>th</sup> Nov'05   - Kathmandu

SEE MAP BELOW

